

Subjective examination

S/H: Job

Functional activities:

Main problem

Why You're here today:

**Symptoms behaviour:**

S (severity):

I (Irritability):

N (Nature):

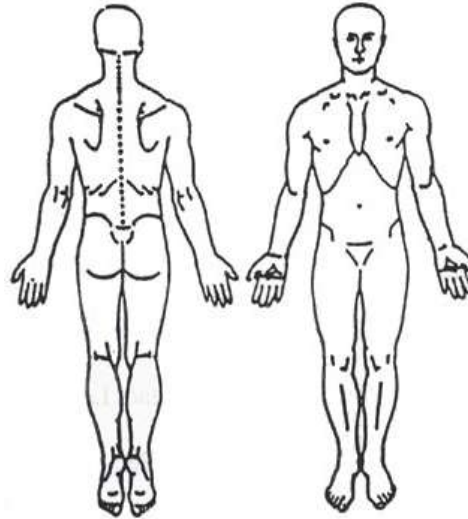
Aggravating factors:

Easing factors:

24-hour pattern: AM:

PM:

Night:



**Special Questions:**

Dysphagia	Dizziness	Drop attacks	Diplopia	Dysarthria	Nystagmus	Nausea
Night pain	Night sweating	History of Cancer	Sudden weight loss	Loss of appetite		Saddle anaesthesia
Knee true Locking	True knee giving way	History of Trauma	.....	.....	.....	.....

**History of current problem:**

Present:

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 .....  
 .....

Past

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 .....

Medical:

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**Physical examination**

Based on the information gathering section what are the **aims of the physical examination** you willing to apply today:

- ✓ Set outcome measures
- ✓ Set treatment plan
- ✓ Patient assurance education
- ✓ Insure patient safety
- ✓ Define region/ area related to symptoms



**Physical examination**

Must	Should	Could

**Treatment Plan**

**Treatment aim/s:**

- ✓ Decrease Pain/ symptoms
- ✓ Increase neural mobility
- ✓ Increase ROM
- ✓ Motor control retraining
- ✓ Improve proprioception
- ✓ Return to function

**Treatment Tools/Plan:**

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**Home exercise strategies:**

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**Barriers to improvement:**

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Follow Up

What if the patient is improving?

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What if the patient is not achieving any further improvement compared to first appointment?

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What if the patients' symptoms are getting worse?

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Date of the session	Treatment plan	Patient progression	Further comments